

COFFEE CHATS WITH KIKI KIKI TIDWELL

Web Slice Gallery

UW Virology

@UWVirology

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There is no backlog for #SARSCoV2 #CoronavirusUSA #HCoV19 testing @UWVirology. Median turnaround time from sample receipt in @UWMedicine system to result 11.9 hours on 3/21. Operating far under capacity. Hoping we have more to test tomorrow. #WhereAreTheTests #WhereAreTheSamples

Scott Gottlieb, MD

@ScottGottliebMD

The 10% positivity rate of current testing is a very high number and puts us significantly higher than the U.K., South Korea, and China. Until we see the positivity rate decline significantly we are still not screening enough.

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We Can't Squander Our Window Of Opportunity

Blaine County has a moment, a small window, to get ahead of the virus spread; most winter seasonal workers have gone home, the people haven't quite started coming back from winter homes, and many businesses aren't operating, so less workers are driving in daily from other counties. I believe that we can't squander this moment. We need to ramp up testing exponentially immediately.

Korea aggressively tested its citizens, even those who weren't showing symptoms. Korea is succeeding in stopping the spread of the virus. Italy did not do aggressive testing and now its hospitals are over-burdened and they are letting many people die without treatment.

It appears that many, many people can be not showing symptoms but have the disease and can be passing it on to others. Anyone who has been in contact with any confirmed COVID-19 case or site should be tested immediately. All first responders should be tested immediately. Anyone who works in an open business, such as a grocery store, daycare, drycleaners, or restaurant, should be tested immediately. Anyone in the healthcare system, from the ER to dentists, should be tested immediately. Anyone who has had personal contact with clients in the past two weeks, such as hair stylists, masseuses, trainers, ski instructors, etc., should be tested immediately. Anyone who has gone to a grocery store in the past two weeks should be tested immediately. Anyone who has had a family member go to a grocery store, or bank, or other public business, should be tested immediately. Anyone who wants to be tested should be tested.

We have testing options. The University of Washington virology lab tweeted out that they have excess capacity to test anyone in the U.S. with mail-in samples. There are now FDA-approved 45-minute tests. Quest Diagnostics charges just \$92 for a private test through a private doctor; 15-minute tests are in the works.

As people return to the Valley for the summer season, either for construction and recreation jobs or their summer homes, they should all be tested as they arrive and asked to self-quarantine until the results are in. There should be a second drive-through testing station set up at the southern hospital campus, and people who have come in by plane or on Highway 75 directed to this testing site. We might have to retrofit one specific hotel to quarantine those who can't quarantine in a private home. Possibly then identified infected people and milder cases could be better managed in such a facility rather than overburdening our hospital and ER.

This will mean a future faster for our Valley for citizens and for our economy. Blaine County can either be a long-term hotspot of infection, with people continuing to infect each other over time, and a crushed tourist economy with no business for years, or we can nip this in the bud and transform ourselves into a safe place to be. We can re-open restaurants and stores earlier as people are either confirmed of having had the virus (even without symptoms), presumably having some immunity for at least a year, or being virus-free. Aggressive expanded testing now is the answer.

<https://telluridemagazine.com/covid-19-testing-in-telluride-and-san-miguel-county/>

Blaine County Commissioner Candidate

www.tidwellcommissionercampaign.com

twitter: @kikitidwell

Kiki Tidwell

Paid For By Citizens For Kiki Tidwell, Cindy Mann Treasurer.

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It's Not Business As Usual

But we are adapting our business for the unusual times ahead...

These are times of great uncertainty, but life must go on in modified ways. There are plenty of pre-approved buyers still searching for property, the interest rates are amazing, this community is perhaps now even more desirable and the lack of inventory continues to be critical.

We would like to assure all our clients and the community that we are open for business. We offer tools that are just as powerful as face-to-face meetings. And we have implemented extra precautions to keep our clients safe during the buying and selling process.



#flattenthecurve

- Virtual Resources for Buyers:
- Our website is the #1 resource for viewing properties.
 - Initial showings via FaceTime/WhatsApp tours.
 - In-person showings—we'll take charge of screening and cleaning to keep us all safe.
- Open Houses & Showings:
- A Matterport virtual tour and professional photos for every listing.
 - Online open houses/walk-throughs to showcase your home.
 - Follow CDC guidelines for screening and cleaning.
- Meetings & Closings:
- We utilize Zoom for virtual meetings.
 - We use e-sign for contracts.
 - Closings can be done via Remote Online Notary.

The entire buying and selling process, from our first meeting to the close of escrow, can be done remotely, safely and with the same level of professionalism we have always provided.

Our clients and the safety of our community remain, as always, our top priority and the heart of our business. We are here and ready to support and help in any way we can.

Questions? Reach out today!



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HEALTH BEAT

ST LUKE'S WOOD RIVER

St. Luke's COVID-19 Recommendations And Resources

If you have symptoms of respiratory illness and are concerned you may have risk factors for COVID-19, please call your primary care provider first. Clinic staff will be able to complete a risk assessment over the phone and provide guidance on next steps, which may include arranging testing, if needed. If you need to call after hours, contact (208) 381-9000.

If you need to visit the emergency department to treat symptoms, call ahead to your local facility and ask for a protective facemask when you arrive.

Any general public with questions on local public health response efforts and general questions about this new virus can call one of the following Public Health Departments:

South Central Public Health, which serves Blaine, Camas, Gooding, Lincoln, Jerome, Minidoka and Twin Falls counties, can be reached 8 a.m. to 5 p.m. on weekdays at (208) 737-5900.

Central District Health, which serves Ada, Boise, Elmore and Valley counties, has a call center that will operate weekdays from 8:30 a.m. to 4:30 p.m. at (208) 321-2222.

Southwest District Health, which serves Adams, Canyon, Gem, Owyhee, Payette and Washington counties, is operating its call center weekdays from 8 a.m. to 8 p.m. at (208) 455-5411.

Infection prevention

To prevent the spread of COVID-19, use the same precautions you would for the flu and common cold. St. Luke's recommends these infection-prevention practices:

If you're sick, stay home. Call your provider if you suspect you have the virus.

Wash your hands often with soap and water for



- 20 seconds or use alcohol-based hand sanitizer.
- Cover your mouth and nose with a tissue or your sleeve—not your hands—when coughing or sneezing.
- Clean your home, workspace, shared items and other frequented locations.
- Avoid unnecessary contact with sick individuals.
- CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
- Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.
- Information resources
- St. Luke's Coronavirus Information
 - Idaho Department of Health and Welfare, COVID-19
 - Idaho Department of Health and Welfare, FAQs for Idahoans
 - Centers for Disease Control
 - World Health Organization

*It's your life.
We help you live it.*